

Alison Hendricks, LCSW

LCS 23416

EDUCATION

HUNTER COLLEGE SCHOOL OF SOCIAL WORK

Master of Social Work June 1998

- Major method: Casework
- NASW/Mobilize the Vote Student Organizer
- Masters research on the impact of parent involvement in the Early Intervention Program

COLUMBIA COLLEGE

Bachelor of Arts May 1995

- *Summa Cum Laude*, Phi Beta Kappa
- Honors Psychology Program
- Thesis research on psychosocial resilience among high-risk pre-adolescents

WORK EXPERIENCE

HENDRICKS CONSULTING, SAN DIEGO, CA

Trainer and Consultant 2010 to present

- National Trainer on Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Culturally Modified TF-CBT
- National trainer on childhood trauma and trauma-informed child welfare systems
- Trainer of trainers on the *Child Welfare Trauma Training Toolkit*, a product of the National Child Traumatic Stress Network (NCTSN)
- Affiliate member of the NCTSN
- Co-chair of the Child Welfare Trauma Training Toolkit Training and Implementation Subcommittee and member of the Child Welfare Committee of the NCTSN
- Former faculty member for National Learning Collaborative on TF-CBT
- Co-author of children's and teens' workbooks for TF-CBT

CHADWICK CENTER OF RADY CHILDREN'S HOSPITAL, SAN DIEGO, CA

Operations Manager, Chadwick Trauma-Informed Systems Project 2010 to 2012

- Assisted in the implementation of SAMHSA funded-project via operational planning, evaluation, execution, and compliance monitoring
- Provided nationwide training and consultation on trauma-informed systems and grant products
- Developed and conducted comprehensive trauma-informed community assessments in San Diego, New Hampshire, and Oklahoma
- Led efforts to revise the *Child Welfare Trauma Training Toolkit*
- Assisted in the development of casework practice model adaptation guidelines and other products for the *Trauma-Informed Child Welfare Practice Toolkit*
- Trained resource parents and child welfare and allied professionals on trauma and related intervention strategies
- Advocated on the state and national levels for a shift to trauma-informed child welfare practice through conferences and publications

Trauma Therapist 2003 to 2010

- Provided assessment-based, trauma-informed therapy to children and families, including TF-CBT and Parent-Child Interaction Therapy (PCIT)
- Created and organized Chadwick Center Learning Collaborative on Parent-Child Attunement Therapy (PCAT)
- Collaborated with fellow team members and community agencies to provide integrated services
- Provided community outreach and education on issues related to childhood trauma and treatment options
- Co-Chair of the Workgroup for Adapting Latino Services, which developed *Adaptation Guidelines for Serving Latino Children and Families Affected by Trauma*

- Member of the Behavioral Health Crisis Response Team

ESCUELA MAYATAN, COPAN RUINAS, HONDURAS

School Social Worker/Kindergarten Teacher/Art Instructor 2002 to 2003

- Provided on-site individual therapy to students with emotional and behavioral difficulties
- Conducted family therapy sessions and crisis intervention
- Planned and implemented a bilingual curriculum for kindergarten students
- Instituted a comprehensive primary school art program

BEDFORD STUYVESANT COMMUNITY MENTAL HEALTH CENTER, BROOKLYN, NY

Child/Adolescent Therapist 2001 to 2002

- Provided individual psychotherapy for children ages four to 17 in an outpatient setting
- Developed and implemented a bereavement group and a teen socialization group
- Conducted clinical assessments and psychosocial evaluations
- Facilitated family therapy sessions and provided support and psycho-education for parents and caregivers
- Consulted with staff psychiatrists and therapists in case conferences and case dispositions
- Collaborated with local schools and foster care agencies to provide comprehensive care

HELP HARBOR, HELP USA, NEW YORK, NY

Clinical Social Worker 1999 to 2001

- Provided individual and family therapy for survivors of domestic violence in a family shelter setting
- Planned and facilitated women's support groups and children's groups focusing on issues of domestic violence
- Conducted clinical assessments and crisis intervention
- Advocated for families in the court, child welfare, school, hospital, and housing systems
- Participated on a multidisciplinary team and provided clinical consultation to fellow team members

HELP I, HELP USA, BROOKLYN, NY

Clinical Social Worker 1998 to 1999

- Conducted individual, play, couples, and family therapy with homeless families in a shelter setting
- Provided crisis intervention, client advocacy, and community referrals
- Facilitated a women's support group, a girls' self-esteem group, and a parent-toddler play group
- Collaborated with multidisciplinary team members to provide cohesive, comprehensive services

ADVOCACY

THE CHILDREN'S PROGRAMMING COMMITTEE OF THE NEW YORK CITY INTERAGENCY TASK FORCE ON DOMESTIC VIOLENCE, NEW YORK, NY

Member/Child Advocate 2000 to 2001

- Collaborated in the researching, writing, and editing of a manual for agencies serving children exposed to domestic violence
- Recommended programmatic and clinical interventions based on the needs of child survivors of domestic violence

HELP USA'S ADVOCACY COUNCIL, NEW YORK, NY

Member/Organizer 1998 to 2000

- Organized and taught advocacy skills to homeless adults
- Lobbied State and Federal legislators on issues affecting low-income families

INTERNSHIPS

CASSIDY'S PLACE, ASSOCIATION TO BENEFIT CHILDREN, NEW YORK, NY

Social Work Intern 1997 to 1998

- Provided family counseling, advocacy, and play therapy for children with special needs
- Created and facilitated a psycho-educational group for parents

HEIGHTS HILL MENTAL HEALTH CLINIC, SOUTH BEACH PSYCHIATRIC CENTER, BROOKLYN, NY

Social Work Intern 1996 to 1997

- Provided supportive psychotherapy for chronically mentally ill adults
- Facilitated group therapy and parenting skills groups

PUBLICATIONS/PRODUCTS

- Hendricks, A. (2013). Operationalizing Trauma-Informed Child Welfare Practice using the Child Welfare Trauma Training Toolkit. *CW360°: Trauma-Informed Child Welfare Practice*, Winter 2013.
- Hendricks, A. (2012). Secondary Traumatic Stress in Child Welfare: Multi-Level Prevention and Intervention Strategies. *CW360°: Secondary Trauma and the Child Welfare Workforce*, Spring 2012.
- Hendricks, A., Cohen, J.A., Mannarino, A.p., & Deblinger, E. (2012). Dealing with Trauma: A TF-CBT Workbook for Teens. (Unpublished manuscript).
- Hendricks, A., Conradi, L., & Wilson, C. (2011). Creating Trauma-Informed Child Welfare Systems Using a Community Assessment Process. *Child Welfare*, 90 (6).
- Hendricks, A., Conradi, L., & Wilson, C. (2011). *The Trauma System Readiness Tool*. Chadwick Center for Children and Families. San Diego: Author.
- The Workgroup on Adapting Latino Services. (2008). *Adaptation Guidelines for Serving Latino Children and Families Affected by Trauma* (1st Edition). San Diego, CA: Chadwick Center for Children and Families.
- Conradi, L., Hendricks, A., & Merino, C. (2007). Preliminary Adaptations for Working with Traumatized Latino/Hispanic Children and their Families. *NCTSN Culture and Trauma Briefs*, 2 (3). National Child Traumatic Stress Network. www.NCTSN.org.
- Hendricks, A., Cohen, J.A., Mannarino, A.p., & Deblinger, E. (2007). Your Very Own TF-CBT Workbook. <http://intranet.nctsn.org>. (Unpublished manuscript).
- Turner, S., Gilbert, A., Hendricks, A. (2006). *Growing Beyond Conflict: The Path to Building Safer Families, Parent Group Curriculum*. Children's Hospital and Health Center (Unpublished manuscript).

TRAININGS AND PRESENTATIONS

- Hendricks, A. (July 2013). *The Revised Child Welfare Trauma Training Toolkit: What's New in Version Two?* Webinar sponsored by the National Child Traumatic Stress Network (available at: <http://learn.nctsn.org/>)
- Hendricks, A. (June 2013-present). *Trauma-Focused Cognitive Behavioral Therapy*. Initial training and consultation for Mental Health Resource Center, San Diego, CA.
- Hendricks, A. (May 2013-present). *Trauma-Focused Cognitive Behavioral Therapy*. Initial training and consultation for Orange County Health Care Authority, Santa Ana, CA.
- Hendricks, A. (May 2013). *Enhancing Engagement of Caregivers in Trauma Treatment*. Webinar sponsored by the Alliance of Local Service Organizations/U.S. Department of Justice.
- Halladay-Goldman, J., Hendricks, A., Hoessler, J. (April 2013). *Elevating Child Welfare Training to the Next Level: Tools for Implementing the Revised Trauma Training Toolkit*. Institute given at the National Child Traumatic Stress Network All Network Conference, Philadelphia, PA.
- Hendricks, A. (April 2013). *A Multidisciplinary Approach to Trauma-Informed Child Welfare Systems*. Training sponsored by Mohave County Superior Courts, Kingman, AZ.
- Hendricks, A. (April 2013). *Sistemas y Servicios con Base en el Trauma para Niños/as y Familias Bajo la Atención de los Tribunales*. Workshop presented at Conferencia Justicia para la Niñez, San Juan, Puerto Rico.
- Hendricks, A. (February 2013-present). *Trauma-Focused Cognitive Behavioral Therapy*. Initial training and consultation for supervisors, San Diego, CA.
- Hendricks, A. (February 2013). *Training for Trainers on the Child Welfare Trauma Training Toolkit, Version 2*. Hartford, CT.
- Hendricks, A. (January 2013). *An Overview of the Child Welfare Trauma Training Toolkit, Revised Version*. Workshop given at the 27th Annual San Diego International Conference on Child and Family Maltreatment, San Diego, CA.
- Hendricks, A. (December 2012-present). *Trauma-Focused Cognitive Behavioral Therapy*. Initial and booster trainings for therapists and supervisors, consultation, and audio session reviews for California Institute of Mental Health, Los Angeles, CA.
- Hendricks, A. (December 2012). *Pilot Training of the Child Welfare Trauma Training Toolkit, Version 2*. Orange, CA.
- Conradi, L. & Hendricks, A. (October 2012). *Creating Trauma-Informed Child Welfare Systems: ELearning Module*. Public Child Welfare Training Academy.
- Hendricks, A., Dahlin, P., & Garrison, M. (September 2012). *Pilot Training for Trainers on the Child Welfare Trauma Training Toolkit, Version 2*. San Diego, CA.

- Hendricks, A. (May 2012-March 2013). *Trauma-Focused Cognitive Behavioral Therapy*. Initial training and consultation for Orange County Health Care Authority, Santa Ana, CA.
- Wilson, C., Hendricks, A., & Conradi, L. (April 2012). *Creating Trauma-Informed Child-Serving Systems: Using a Trauma Lens to Transform Systems*. Presentation given at Raise Foundation's 24th Annual Child Abuse Prevention and Treatment Conference, Santa Ana, CA.
- Hendricks, A., Newmyer, J., & Toohey, P. (April 2012). *Viewing Child Welfare Practice through a Trauma Lens*. Workshop given at Raise Foundation's 24th Annual Child Abuse Prevention and Treatment Conference, Santa Ana, CA.
- Hendricks, A. (March 2012). *Trauma-Focused Cognitive Behavioral Therapy*. Initial training, Casa Grande, AZ.
- Hendricks, A. & Zimmet, B. (March 2012). *Child Welfare Trauma Training Toolkit: Training for Trainers*. Atlanta, GA.
- Hendricks, A. & Toohey, P. (February 2012). *Trauma-Focused Evidence-Based Practice is the Trend*. Workshop given at the 2011 California Parent Leadership Conference, Ontario, CA.
- Hendricks, A. (February 2012). *Child Welfare Trauma Training Toolkit*. Follow-up training for Child Welfare Trainers, Norman, OK.
- Conradi, L., Hendricks, A. & Wilson, C. (January 2012). *Creating Trauma-Informed Child Welfare Systems*. Workshop given at the 26th Annual San Diego International Conference on Child and Family Maltreatment, San Diego, CA.
- Hendricks, A. & Morton, T. (January 2012). *Creating a Practice Model for Trauma-Informed Child Welfare*. Workshop given at the 26th Annual San Diego International Conference on Child and Family Maltreatment, San Diego, CA.
- Hendricks, A. & Peterson, L. (April 2011- January 2012). *Trauma-Focused Cognitive Behavioral Therapy*. Initial training, booster trainings, and consultation, San Diego, CA.
- Hendricks, A. & Toohey, P. (November 2011). *Caring for Children who Have Experienced Trauma*. Workshop given at the National Federation of Families for Children's Mental Health 22nd Annual Conference, Washington, DC.
- Hendricks, A. & Toohey, P. (November 2011). *Empowerment and Recovery through Trauma Treatment and Parent Partnership*. Workshop given at the National Federation of Families for Children's Mental Health 22nd Annual Conference, Washington, DC.
- Hendricks, A. (October 2011). *Advanced Trauma-Focused Cognitive Behavioral Therapy*. Two-day advanced training, Visalia, CA.
- Hendricks, A. (October 2011). *Trauma-Informed Practice*. Workshops given at Casey Family Programs Child and Family Services All-Staff Meeting, Seattle, WA.
- Hendricks, A. & Toohey, P. (September 2011). *Trauma-Informed Child Welfare Systems*. Workshop given at the 25th Annual Children's Network Conference, Ontario, CA.
- Hendricks, A. & Toohey, P. (September 2011). *Trauma-Informed Therapy*. Workshop given at the 25th Annual Children's Network Conference, Ontario, CA.
- Hendricks, A. (September 2011). *The Child Welfare Trauma Training Toolkit: An Overview*. Workshops given at Pathway to Independence 2011 Summit, Orlando, FL.
- Hendricks, A. (August 2011). *Child Welfare Trauma Training Toolkit: Training for Trainers*. Oklahoma City, OK.
- Hendricks, A., Paschal, M. & Toohey, P. (May 2011). *Putting the Children First: Caring for Children who Have Experienced Trauma*. Two full-day workshops for resource parents, San Diego, CA.
- Hendricks, A. & Wolf, M. (May 2011). *Child Welfare Trauma Training Toolkit: Training for Trainers*. San Diego, CA.
- Conradi, L. & Hendricks, A. (February 2011). *Creating Trauma-Informed Systems*. Presentation given at Grand Rounds, Rady Children's Hospital, San Diego.
- Hendricks, A. (December 2010). *Trauma-Informed Child Welfare Systems*. Video conference for Casey Family Programs, San Diego, CA.
- Conradi, L. & Hendricks, A. (November 2010). *Trauma-Informed Child Welfare Systems*. Workshop for Casey Family Programs, Austin, TX.
- Hendricks, A. (August 2010). *Trauma-Focused Cognitive Behavioral Therapy*. Initial and booster training, Visalia, CA.
- Hendricks, A. & Rose, C. (November 2010-June 2011). *Trauma-Focused Cognitive Behavioral Therapy*. Initial training and consultation for local and national therapists, held in San Diego, CA.

- Hendricks, A. (December 2009-November 2010). *Trauma-Focused Cognitive Behavioral Therapy*. Training and consultation provided for Safe Start, San Diego, CA.
- Hendricks, A. (August 2009). *Trauma-Focused Cognitive Behavioral Therapy*. Initial and booster training, Visalia, CA.
- Hendricks, A. (July 2009). *Understanding Child Sexual Abuse*. One-day training, San Jose, CA.
- Conradi, L. & Hendricks, A. (June 2009). *Improving Service Systems for Latino Children and Families Affected by Trauma: The WALs Project*. Presentation given at the American Professional Society of the Abuse of Children's 17th Annual Colloquium, Atlanta, GA.
- Hendricks, A. & Traynor, S. (May 2009). *Culturally Modified Trauma-Focused Cognitive Behavioral Therapy for Latino children and families*. Workshop given at Delaware Conference on Child Traumatic Stress, Newark, DE.
- Hendricks, A. & Rose, C. (January 2009-March 2010). *Trauma-Focused Cognitive Behavioral Therapy*. Initial training, booster trainings, and consultation for therapists and supervisors, San Diego, CA.
- De Arellano, M. & Hendricks, A. (February 2009-March 2010). *Trauma Focused Cognitive Behavioral Therapy and Culturally Modified Trauma Focused Treatment*. Initial training, booster trainings, and consultation provided for Spanish-speaking therapists, San Diego, CA.
- Conradi, L., Hendricks, A., & Merino, C. (January 2009). *Pathways to Cultural Competence: Adaptation Guidelines for Better Serving Latino Children and Families Affected by Trauma*. Presentation given at the 23rd Annual San Diego International Conference on Child and Family Maltreatment, San Diego, CA.
- Hendricks, A. & Igelman, R. (January 2009). *Clinical Applications of Standardized Assessments for Traumatized Youth*. Presentation given as part of NCTSN Track at the 23rd Annual San Diego International Conference on Child and Family Maltreatment, San Diego, CA.
- Blevins, C., Carbonell, S., Castillo-McMahon, P., Hazen, A., Hendricks, A., & Sykes, J. (January 2009). *Safe Start San Diego: An Integrated Approach to Responding to Children's Exposure to Domestic Violence*. Presentation given at the 23rd Annual San Diego International Conference on Child and Family Maltreatment, San Diego, CA.
- Hendricks, A. (December 2008-November 2009). *Trauma-Focused Cognitive Behavioral Therapy*. Training and consultation provided for Safe Start, San Diego, CA.
- Hendricks, A. (September 2008). *Trauma-Focused Cognitive Behavioral Therapy*. Initial training and consultation, Minneapolis, MN.
- Hendricks, A. (August 2008). *Trauma-Focused Cognitive Behavioral Therapy*. Initial training, Visalia, CA.
- Conradi, L., Hendricks, A., Merino, C. (June 2008). *Pathways to Cultural Competence: Improving Practices for Working with Traumatized Latino Children and Families*. Presentation given at the American Professional Society of the Abuse of Children's 16th Annual Colloquium, Phoenix, AZ.
- Hendricks, A., Igelman, R., Rose, C., & Ryan, B. (January 2008). *Implementation of Evidence-Based Practices*. Presentation given at the 22nd Annual San Diego International Conference on Child and Family Maltreatment.